

**SPTF COMMUNITY Resources** (updated 4.15.24)

Suicide & Crisis Lifeline – Call or text 9-8-8 or chat at [www.988lifeline.org](http://www.988lifeline.org)

Tulare County Crisis Line call 1-800-320-1616

For a comprehensive list of resources, please visit Tulare County 211 at [www.211tularecounty.org](http://www.211tularecounty.org)

Category	Program	Website	Phone number
<b>Alcohol and Other Drugs</b>	Alcoholics Anonymous	<a href="https://aa-tulareco.org">https://aa-tulareco.org</a>	(559) 592-6999
	Champions Recovery Program	<a href="https://www.championsrecoveryprograms.org/">https://www.championsrecoveryprograms.org/</a>	(559) 583-9300
	Kings View Substance Abuse Program	<a href="https://www.kingsview.org">https://www.kingsview.org</a>	(559) 688-7531
	Narcotics Anonymous	<a href="http://www.kingstularena.net/">http://www.kingstularena.net/</a>	(559) 734-0403
	New Heights Recovery Program		(559) 732-4885
	New Hope Recovery Program	<a href="https://www.newhope-recovery.org/">https://www.newhope-recovery.org/</a>	(559) 625-0440
<b>Education</b>	Central Valley Regional Center	<a href="https://www.cvrc.org/">https://www.cvrc.org/</a>	(559) 738-2200
	College of Sequoias	<a href="https://www.cos.edu/en-us">https://www.cos.edu/en-us</a>	(559) 730-3700
	Visalia Adult School	<a href="https://vas.vusd.org/">https://vas.vusd.org/</a>	(559) 730-7646
	Tulare County Library Literacy Center	<a href="https://www.tularecountylibrary.org/literacy-center">https://www.tularecountylibrary.org/literacy-center</a>	(559) 713-2700
<b>Employment/ Volunteer</b>	AmeriCorps	<a href="https://americorps.gov/">https://americorps.gov/</a>	
	Community Services and Employment (CSET)	<a href="https://www.cset.org/">https://www.cset.org/</a>	(559) 732-4194
	Proteus	<a href="https://www.proteusinc.org">https://www.proteusinc.org</a>	(559) 627-0100
	United Way 211	<a href="https://www.211tularecounty.org">https://www.211tularecounty.org</a>	(559) 685-1766
<b>Food/ Nutrition</b>	Bethlehem Center	<a href="https://www.bethlehemcentervisalia.com">https://www.bethlehemcentervisalia.com</a>	(559) 734-1572
	Emergency Food Pantries	<a href="https://www.211tularecounty.org/food-pantries.html">https://www.211tularecounty.org/food-pantries.html</a>	
	Exeter Emergency Resource	<a href="https://tularecounty.ca.gov/emergencies/directory">https://tularecounty.ca.gov/emergencies/directory</a>	
	Food Link	<a href="https://foodlinktc.org/">https://foodlinktc.org/</a>	(559) 651-3363
	Meals on Wheels	<a href="https://www.cset.org/senior-services">https://www.cset.org/senior-services</a>	(559) 732-4194
	Salvation Army	<a href="https://www.salvationarmyusa.org/usn/">https://www.salvationarmyusa.org/usn/</a>	(559) 733-2784
	Tulare County HHS Human Services (TulareWORKS)	<a href="https://tchsa.org/eng/human-services">https://tchsa.org/eng/human-services</a>	1 (800) 540-6880
	Victory Outreach	<a href="https://victoryoutreach.org/">https://victoryoutreach.org/</a>	(559) 372-8671
	Visalia Emergency Aid Council	<a href="https://www.veac.org/">https://www.veac.org/</a>	(559) 635-8525
<b>Housing</b>	Central Valley Christian Housing Development		(559) 625-5770
	Family Services of Tulare County	<a href="https://fstc.net">https://fstc.net</a>	(559) 732-5941
	Housing Authority	<a href="https://www.hatc.net/">https://www.hatc.net/</a>	(559) 738-8450
	Lighthouse Rescue Mission	<a href="https://www.lighthouserescue.org/">https://www.lighthouserescue.org/</a>	(559) 687-8317
	Open Gate Ministries	<a href="https://opengatedinuba.com/">https://opengatedinuba.com/</a>	(559) 591-1241
	Shelter Plus Program	<a href="https://www.shelterlistings.org">https://www.shelterlistings.org</a>	

	Transitional Housing Program	<a href="https://www.shelterlistings.org">https://www.shelterlistings.org</a>	
	Visalia Resue Mission	<a href="https://visaliarescuemission.org/">https://visaliarescuemission.org/</a>	(559) 740-4178
<b>Income Assistance</b>	Social Security	<a href="https://www.ssa.gov/">https://www.ssa.gov/</a>	1 (800) 772-1213
	SSI Advocacy	<a href="https://tchhsa.org/eng/human-services/ssi-advocacy">https://tchhsa.org/eng/human-services/ssi-advocacy</a>	1 (800) 269-8910
<b>Insurance</b>	Health Insurance Counseling and Advocacy Program (HICAP)	<a href="https://tchhsa.org/eng/human-services/health-insurance-counseling-and-advocacy-program-hicap">https://tchhsa.org/eng/human-services/health-insurance-counseling-and-advocacy-program-hicap</a>	(559) 713-2875
<b>LGBTQ</b>	The Source	<a href="https://thesourcegbt.org">https://thesourcegbt.org</a>	(559) 429-4277
	The Trevor Project	<a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a>	1 (866) 488-7386
	Visalia Pride Lions Club	<a href="https://www.e-clubhouse.org/sites/visaliapride/index.php">https://www.e-clubhouse.org/sites/visaliapride/index.php</a>	
	PFLAG Tulare & Kings Counties	<a href="https://pflagtkc.org/">https://pflagtkc.org/</a>	(559) 579-1101
	College Guide for LGBTQ Students	<a href="https://www.affordablecolleges.com/resources/lgbtq-college-resources/">https://www.affordablecolleges.com/resources/lgbtq-college-resources/</a>	
<b>Legal Services</b>	Adult Protective Services (APS)	<a href="https://tchhsa.org/eng/human-services/adult-protective-services">https://tchhsa.org/eng/human-services/adult-protective-services</a>	(559) 623-0561
	California Victim Compensation Program	<a href="https://tulareca.org/victims-compensation-program">https://tulareca.org/victims-compensation-program</a>	(559) 636-5494
	Central California Legal Services	<a href="https://centralcallegal.org/">https://centralcallegal.org/</a>	1 (800) 675-8001
	Department of Child Support	<a href="https://tularecounty.ca.gov/dcsc">https://tularecounty.ca.gov/dcsc</a>	1 (866) 901-3212
	District Attorney's Office	<a href="https://www.da-tulareco.org">https://www.da-tulareco.org</a>	(559) 636-5494
	Domestic Violence Hotline	<a href="https://fstc.net/what-we-do/the-issues/domestic-violence.html">https://fstc.net/what-we-do/the-issues/domestic-violence.html</a>	(559) 732-5941
	Nolo.com	<a href="https://www.nolo.com">https://www.nolo.com</a>	
	Police Department	<a href="https://tularecounty.ca.gov/sheriff/links/police-departments/">https://tularecounty.ca.gov/sheriff/links/police-departments/</a>	
	Tulare County Probation	<a href="https://tularecoprobation.org">https://tularecoprobation.org</a>	(559) 608-9035
	Senior Legal Services	<a href="https://tchhsa.org/eng/human-services/legal-services-for-seniors">https://tchhsa.org/eng/human-services/legal-services-for-seniors</a>	1 (800) 321-2462
	Victim of Crime Resource Center	<a href="https://tulareca.org/victim-witness">https://tulareca.org/victim-witness</a>	(559) 636-5494
	Victim Witness Assistance Program	<a href="https://tulareca.org/victim-witness">https://tulareca.org/victim-witness</a>	(559) 636-5494
	Visalia Re-entry Center	<a href="https://www.tpcc.org/visalia-reentry">https://www.tpcc.org/visalia-reentry</a>	(559) 732-5550
<b>Legal/Immigration</b>	Self-Help/Family Law Facilitator	<a href="https://www.tulare.courts.ca.gov">https://www.tulare.courts.ca.gov</a>	(559) 737-5500
	OLA RAZA	<a href="http://www.olarazainc.com">http://www.olarazainc.com</a>	(559) 627-6291
	Central California Legal Services	<a href="https://centralcallegal.org">https://centralcallegal.org</a>	1 (800) 675-8001
<b>Medical</b>	American Cancer Society	<a href="https://www.cancer.org/">https://www.cancer.org/</a>	(559) 627-1955
	Family HealthCare Network	<a href="https://www.fhcn.org/">https://www.fhcn.org/</a>	1 (877) 960-3426
	Kaweah Health Exeter Clinic	<a href="https://www.kaweahhealth.org/locations/kaweah-health-exeter-clinic">https://www.kaweahhealth.org/locations/kaweah-health-exeter-clinic</a>	(559) 592-7300
	Sequoia Regional Cancer Center	<a href="https://www.kaweahhealth.org/our-services/cancer-center">https://www.kaweahhealth.org/our-services/cancer-center</a>	(559) 624-2000
	Tulare District Hospital	<a href="https://adventisthealth.org/tulare">https://adventisthealth.org/tulare</a>	(559) 688-0821
	Veterans Services Office (VSO)	<a href="https://tchhsa.org/eng/human-services/veterans-services-office-vso">https://tchhsa.org/eng/human-services/veterans-services-office-vso</a>	(559) 713-2880

<b>Mental Health</b>	American Foundation for Suicide Prevention	<a href="https://www.afsp.org">https://www.afsp.org</a>	
	American Association of Suicidology	<a href="https://www.suicidology.org">https://www.suicidology.org</a>	(202) 237-2280
	Central California Family Crisis Center	<a href="https://ccfamilycrisis.org/">https://ccfamilycrisis.org/</a>	(559) 784-0192
	Family Resource Center	<a href="https://www.cset.org/familyresourcecenters">https://www.cset.org/familyresourcecenters</a>	(559) 732-4194
	Family Services of Tulare Ccounty	<a href="https://fstc.net/">https://fstc.net/</a>	(559) 732-5941
	Grief and Loss Support Group	<a href="https://sptf.org">https://sptf.org</a>	(559) 624-7449
	Hope Horizon	<a href="https://www.hopehorizon.org">https://www.hopehorizon.org</a>	(559) 688-2043
	Kaweah Delta Mental Health Hospital	<a href="https://www.kaweahdelta.org">https://www.kaweahdelta.org</a>	(559) 624-3300
	National Alliance on Mental Illness-NAMI Tulare County	<a href="https://namitularecounty.org/">https://namitularecounty.org/</a>	(559) 732-6264
	Parenting Network South Mobile Unit	<a href="https://parentingnetwork.org">https://parentingnetwork.org</a>	(559) 625-0384
	Suicide Awareness Voices of Education	<a href="https://save.org/">https://save.org/</a>	
	Synchrony of Visalia	<a href="https://www.synchronyofvisalia.com/">https://www.synchronyofvisalia.com/</a>	(559) 635-4252
	The Trevor Project	<a href="https://www.thetrevorproject.com">https://www.thetrevorproject.com</a>	1 (866) 488-7386
	Tulare County Warm Line	-	1 (877) 306-2413
	Visalia Adult Clinic	-	(559) 623-0900
	Visalia Youth Services	<a href="https://www.tpocc.org/vys">https://www.tpocc.org/vys</a>	(559) 627-1490
<b>Other</b>	Cat House on the Kings	<a href="https://www.cathouseontheings.com/">https://www.cathouseontheings.com/</a>	(559) 638-8696
	Tulare County Animal Services	<a href="https://tcanimalservices.org/animalservices">https://tcanimalservices.org/animalservices</a>	(559) 636-4050
<b>Senior Services</b>	AARP	<a href="https://www.aarp.org/">https://www.aarp.org/</a>	1 (888) 687-2277
	Alzheimer's Association	<a href="https://www.alz.org/">https://www.alz.org/</a>	1 (800) 272-3900
	Amdal In Home Care	<a href="https://www.amdalinhome.com">https://www.amdalinhome.com</a>	(559) 686-6611
	Friendship Line for the Elderly	<a href="https://www.ioaging.org">https://www.ioaging.org</a>	1 (800) 971-0016
	Gadabouts		(559) 734-5284
	Hands in th Community	<a href="https://hnconline.org">https://hnconline.org</a>	(559) 625-3822
	Home Bound Senior Network		1 (800) 541-8614
	In-Home Supportive Services (IHSS)	<a href="https://tchhsa.org/eng/human-services/in-home-supportive-services-ihss">https://tchhsa.org/eng/human-services/in-home-supportive-services-ihss</a>	(559) 623-0600
	Kings/Tulare Agency on Aging	<a href="https://ktaaa.org">https://ktaaa.org</a>	1 (800) 321-2462
	Multi-Purpose Senior Services Program (MSSP)	<a href="https://tchhsa.org/eng/human-services/multi-purpose-senior-services">https://tchhsa.org/eng/human-services/multi-purpose-senior-services</a>	(559) 623-0199
	Valley Caregiver Resource Center	<a href="https://www.valleycrc.org/">https://www.valleycrc.org/</a>	(559) 224-9154
	Visalia Senior Center	<a href="https://tulare.networkofcare.org">https://tulare.networkofcare.org</a>	(559) 713-4381
<b>Transportation</b>	Department of Motor Vehicles	<a href="https://www.dmv.ca.gov/portal">https://www.dmv.ca.gov/portal</a>	1 (800) 777-0133
	Dial a Ride	<a href="https://ridetcat.org/dial-a-ride">https://ridetcat.org/dial-a-ride</a>	1 (877) 431-9711
	Tulare County Area Transit (TCAT)	<a href="https://ridetcat.org">https://ridetcat.org</a>	1 (800) 431-9711