



Assessing & Managing Suicide Risk

Training Information

Assessing and Managing Suicide Risk (AMSR) is a one-day workshop for health and behavioral health professionals on assessing suicide risk, planning treatment, and managing the ongoing care of individuals at-risk for suicide.

Date & Time: Thursday, October 10, 2019 from 8:00 a.m. to 5:00 p.m.

Location: Fresno Pacific University, Visalia Campus, 245 Plaza Dr, Visalia, CA 93291

Sponsor: Tulare County Suicide Prevention Task Force – www.sptf.org and <https://fb.me/hope.sptf>

Learning Objectives

AMSR combines expert teaching, video and live demonstration, paired practice, and written practice. Participants completing the workshop will be able to describe, discuss, demonstrate, and apply learned competencies in five areas of practice that are essential to assessing and managing suicidal patients, as follows:

- » **Approaching Your Work:** Reconcile the difference and potential conflict between a caregiver's goal to prevent suicide and an individual's goal to eliminate psychological pain through suicide
- » **Understanding Suicide:** Define terminology related to suicidality, become familiar with suicide-related statistics as well as risk and protective factors, and understand the experience of a person at risk
- » **Gathering Information:** Integrate assessment early on, regardless of setting, and continue to collect assessment information on an ongoing basis
- » **Formulating Risk:** Using the AMSR risk formulation model, make a clinical judgment of the risk that a client will attempt or complete suicide in the short and long term
- » **Planning and Responding:** Collaboratively develop a response plan with the individual and other treatment services that includes reasonable, proactive steps for immediate, acute, and continuing safety

Audience

AMSR is designed for health and behavioral health professionals who have a master's or doctoral degree in a behavioral health field, including social workers, professional counselors, marriage and family therapists, psychologists, psychiatrists, and psychiatric nurses.

Training Components

The Assessing and Managing Suicide Risk training includes:

- » 6.5 hours of training in a mix of lecture, paired practice, written exercises, and video modeling
- » A participant manual, including information for further reading
- » 6.5 hours of Continuing Education Credits

Presenter

Donald P. Belau, Ph.D. LIPC#238, NCSP

Don is a Certified School Psychologist with 30+ years of experience in providing students K-12 consultation regarding learning, psychological, and behavioral issues. Don is a suicidologist with experience in providing suicide prevention/postvention training to communities, mental health professionals, and workplaces. Leader in development of Local Outreach to Suicide Survivors (LOSS) teams across the nation.

Continuing Education Credits

The Suicide Prevention Research Center (SPRC) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPRC retains responsibility for this program and its content. SPRC is a NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is approved for 6.5 clock hours. (ACEP # 6581). This program is approved by the National Association of Social Workers (#886393521-1406) for 6.5 social work continuing education contact hours.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Rochester School of Medicine and Dentistry and Assessing and Managing Suicide Risk. The University of Rochester School of Medicine and Dentistry is accredited by the ACCME to provide continuing medical education for physicians. The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Partial credit will not be given for partial attendance.

Registration

Cost for registration is \$100. The registration deadline is October 3, 2019. No walk-ins will be accepted. To register, please visit <https://bit.ly/nltc2019-amr>.

More Information

For more information, including a copy of the workshop agenda, contact Vanessa Avitia at VAvitia@tularehhsa.org or call (559) 624-7474. This venue is wheelchair accessible. If you need additional accommodations, please inform Vanessa when registering.

This training is being held in conjunction with the **2019 National LOSS Team Conference**. This conference is open to anyone who registers. Learn more at <https://bit.ly/nltc2019>.